

THE WORLD'S #1 RATED FUN RUN! ALL AGES, ALL ABILITIES!

THE 5K FOAM FEST

GET FILTHY CLEAN



LOOKING FOR A FUN TEAM BUILDER?

RUN IT, WALK IT, CHARGE IT, FUN IT!

WHAT'S INCLUDED:



22+ OBSTACLES



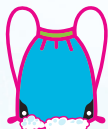
KIDS ZONE



FESTIVAL & BEER GARDEN



FREE PHOTOS



PARTICIPANT GIFT PACK



5K FOAM BUFF



TEMPORARY TATTOO



FINISHERS MEDAL

+ MORE!



CHECK OUT THE FUN! ↗

THE PERFECT TEAM OUTING FULL OF
MUD • LAUGHS • FUN • FITNESS!

GREAT IDEA FOR CORPORATE PARTIES, TEAM BUILDING OR A SUMMER STAFF EVENT!

2024 SUMMER TOUR STOPS

VANCOUVER ISLAND • SUN PEAKS • VANCOUVER • LETHBRIDGE • RED DEER • WINNIPEG
WASAGA BEACH • LONDON • ST.CATHARINES/ NIAGARA • OTTAWA • TORONTO

For more information please contact: info@the5kfoamfest.com

WWW.THE5KFOAMFEST.COM

in support of

Make-A-Wish
CANADA